REV.1.0

Indie Health 51-M6

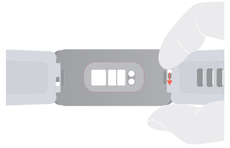
User's Manual

01. Activation

1. Align the charging port pogo pin with the contacts on the back of the tracker.
2. Put the tracker into the charging port gently.
3. Plug the USB cable into a power source to turn it on and activate it.

02. Removing the wristband

To remove the wristband, find the quick release pin at the bottom of the tracker. Press the pin inward and pull to remove the wristband gently.



03. Installing the wristband

To install the wristband, align one side of the wristband with the hole of the tracker, push in the exposed pin and press the wristband into place.

04. Pairing

Scan the QR code on the device with an APP or search the device name with Bluetooth device. Complete the pairing according to on-screen instructions.

05. Touchscreen Operation

Swipe the touchscreen up or down to scroll through tracker features.

Slide left to display the shortcut settings, and slide right to enter the exercise list.

When not in home page, slide right to return to previous menu.

When not in *measurement pages or home page, cover the screen fully for 3 seconds to return to the home page.

* Measurement pages include: Activity tracking / SPO2 and Heart rate measurement.

06. Function Introduction

- 14 exercise modes, to display exercise data on tracker in real time.
- Monitor your daily activities and sleep data.
- Monitor your heart rate in real time all day.
- Measure your blood oxygen.
- Guide your breathing to relax.
- Set your timer.
- Use stopwatch to standardize your exercise.
- Set different types of alarm clocks and tracker vibration reminders in APP.
- Control music in smart phone.
- Basic Settings and information of your tracker.

07. What's in the box

Activity tracker

Wristband

Charging cable

User's manual

08. Product Specifications

Model:	51-M6
Connectivity:	Bluetooth 5.0
Display screen:	1.05" TFT LCD
Resolution:	120 x 240 px
Wristband materials:	Solid silica gel
Battery capacity:	130mAh
Operating voltage:	5V
Operating temperature:	-10°C ~ 40°C
Weight:	0.8oz (22g)
Waterproof rating:	IP68
Battery life:	5 ~ 7 days
Device requirements:	iOS 11.0 or above, Android 6.0 or above, and Bluetooth 4.0 or above

09. Miscellaneous

Medical Disclaimer:
Warning: This product is not a medical device.
The Mambo6 tracker and related applications shall not be used to diagnose, treat or prevent any disease or medical conditions.
Before you adjust your exercise, sleep or diet plan, always consult medical professionals.*

Important safety instructions:

1. If your existing physical conditions may be affected by the use of this product, please consult your doctor.
2. It may cause the skin irritation or allergy for some users to wear it for a long time. If you find any skin redness, swelling, itching or other allergic symptoms, please consult your doctor.
3. Do not look at the screen information when driving or in situations of inattention or potential dangers.
4. This product is not a toy. Do not let children or pets play with this product. The small components contained in this product may cause the suffocation hazard.
5. The functions of this product are affected by external interference and other uncertain factors. Therefore, the function data of this product is for reference only.
6. This product can perform the heart rate recording function. If it is worn for a long time, it may cause skin discomfort or allergic symptoms for some users or the risk for users with certain diseases. In case of the following conditions, please consult your doctor before use or stop using this product.
   - Users with epilepsy or light sensitivity
   - Users with poor blood circulation or bruising
   - Users with heart disease or other diseases
   - Users taking any photosensitive drugs

Wear and Maintenance Tips:

1. Adjust the tightness of this product to ensure the smooth blood circulation.
2. Wear this product close to your skin during exercise.
3. No excessive skin care products should be applied for the wrist with wristband.
4. If you feel the temperature or heat changes, please remove this product.
5. Remove this product from time to time to clean it and allows your skin to breathe.
6. Clean and dry this product with a clean wet cloth regularly, especially in areas in contact with skin.

This product contains electronic equipment. In case of improper handling and disposal, it may damage the environment or cause the injury:

1. Do not disassemble the case of this product.
2. Do not replace the built-in battery of this product by yourself.
3. Do not clean this product with the corrosive detergent.
4. Do not charge this product in wet conditions.
5. Do not charge this product before it is completely dry.
6. Do not expose this product to direct sunlight for a long time.
7. Do not use this product in the sauna room or steam room.
8. Do not place this product at an extremely high or low temperature.
9. Do not use this product when the screen or case is damaged.
10. Do not put this product in the dishwasher, washing machine or dryer.
11. Do not put this product in the fire for the battery may explode.
12. Use the USB port of computer or mobile phone charger to charge this product correctly.
13. If the temperature of this product rises too high during charging, please stop charging.

FC FCC ID: OU9LS456-B

This device complies with part 15 of the FCC rules . Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

NOTE: The manufacturer is not responsible for any radio or TV interference caused by unauthorized modifications to this equipment. Such modifications could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help
- This device and its antenna(s) must not be co-located or operating in conjunction with any other antenna or transmitter.

FCC Radiation Exposure Statement
This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment.
This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.

Frequently Asked Questions:

- **What can I do if my tracker fails to connect to APP?**
  1. Check whether the tracker is low battery.
  2. Check whether there are multiple mobile phone devices switching. For example, the Android users who have used the iOS device need to actively find "Device - Settings - Bluetooth" on the IOS mobile phones and ignore the connected tracker.
  3. If you fail to connect it to APP for many times, you can try to enable the flight mode of mobile phone, disable the flight mode after around 5s, close the APP process, and then open it and try again.
  4. Restart the mobile phone.
  5. Restart the tracker.

- **Does Bluetooth need to be always enabled when I wear a tracker?**
  To perform the call/message reminder/outdoor exercise track functions, you need to enable Bluetooth and keep this APP running in the background.

- **Why is there no call/message reminder?**
  In case of tracker notification function failure, you can check it by following the steps below:
  1. Disable the no disturb mode of tracker.
  2. Ensure that the Bluetooth of mobile phone is enabled, the tracker is within the Bluetooth coverage of mobile phone, and the mobile phone and the tracker remain connected.
  3. Ensure that the notification permission is enabled in APP.

- **What can I do if my tracker fails to upgrade?**
  1. Ensure that the battery of tracker is more than 50% during upgrading.
  2. Upgrade it again.
  3. Operate the tracker and exit APP during upgrading.

- **What can I do if my tracker fails to charge or cannot be started after charging?**
  Check whether the charging cradle is connected to the tracker normally. When it is connected to the power supply, check whether it displays that the tracker is charging after 5-10 minutes. When the battery of tracker is greater than or equal to 3%, it can be started normally.

This symbol means that according to local laws and regulations your product and/or its battery shall be disposed of separately from household waste. When this product reaches its end of life, user has the choice to give his product to a competent recycling organization. Proper recycling of your product will protect human health and the environment.

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